



THE BULLETIN

November/December 2016

PUBLIC FORUM FOR NOVEMBER:

GREEN TIP: DONATE! (DON'T TRASH)



Surplus Food: Take to Free-Store Food Bank

Extra hangers - Take to the local dry cleaners

Art materials - Take to a school or community center

Unwanted household items - Charities or thrift shops

Building materials - Habitat for Humanity or Building Value

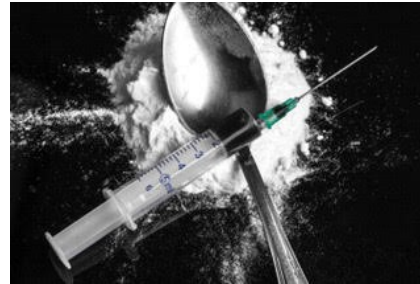
Unwanted clothing - Matthew 25 Ministries

Woman's business attire - Dress for Success

Eye glasses - Cincinnati Eye Institute sends them overseas

Retired Computers -- Send to Congo (See Page 7)

-Mary Gerson



“Innovative Strategies Gaining Traction In The Fight Against Heroin”

WHEN: Wednesday, November 16, 6:00 pm - 8:30 pm

WHERE: Crossroads Community Church,
3500 Madison Rd. Cincinnati, OH 45209

PROGRAM: 6-6:30 Sandwiches & Desserts;
6:30 Panel Presentation; 7:45 Q & A

Inside This Issue:

| | |
|---|----|
| November Program: Heroin Epidemic | 1 |
| President's Letter | 2 |
| National Speaker Feist Tea in December | 3 |
| Vote for Issue #44 October Forum on Violence Prevention | 4 |
| Strategic Plan for WCC's Future | 5 |
| ACT ONE 2016-2017 | 6 |
| Environmental Action | 7 |
| Nominating Committee WCC Book Club | 8 |
| Venice on Vine | 9 |
| Calendar of Events | 12 |

Our region is experiencing a terrible resurgence of heroin addiction, over doses and fatalities. Addiction to other substances continues unabated. How can we fight this deadly epidemic? As long as you are focusing on the problem, you are not talking about the solution. It's time to talk about what's working. Come join us for a discussion about how we can be involved and help.

PANELISTS:

Nan Franks, CEO Addiction Services Council and Dan Meloy, Colerain City Manager
Judge Heather Russell, Hamilton County Municipal Court
Dr. Shawn Ryan, MD, MBA, President and Chief Medical Officer at Brightview Addiction Treatment

For more information, see Flier on [page 10](#) of this issue.

The Bi-Monthly *e-Bulletin*, together with the *Bi-Weekly Updates & News from the Network*, keeps our membership connected with each other and the community. The next issue will appear in January.

Deadline for copy is **December 15, 2016**. *Managing Editors: Jeanne Nightingale & Melissa Rowland.*



Alice Schneider

LETTER FROM THE PRESIDENT:

“The heroin crisis looming in our area ruins individual lives and devastates families. “



WCC initiates community conversations, brings people together, educates people on local issues and moves people to action consistent with our values.

In November, WCC will be hosting a public forum on the Heroine Epidemic. This has become a crisis in our community and it has to concern us all. Why do people get hooked on heroin? I ask myself this question after reading the newspaper’s latest story on an overdose. Then I stop and think about how often I run to the medicine cabinet to get a dose of Nyquil to relieve my symptoms of a cold so I can sleep through the night. Yes, with enough pain it might be easy to get addicted. The heroin crisis looming in our area ruins individual lives and devastates families. It could destabilize our country.

Drug addiction affects families. My own mother

became addicted to drugs after a series of painful operations. I do not know what they were exactly, but as a nurse working in a hospital she had access to a variety of drugs. If this had happened today, she probably would be prosecuted, but back then my mother just got a threatening warning. In spite of her drug episode, she maintained a stable and nurturing household but it was a sad event in my life. Families today have to deal with the addiction of their wives, husbands, sons and daughters. It is painful. Heroin addiction can destabilize a country. China, in the 19th century, dealt with widespread addiction to opium (promoted by the importation of opium mostly by the British). This caused serious social and economic disruptions and resulted in the Opium Wars.

Please join us as we present our public forum on [Wednesday November 16 --“Innovative Strategies Gaining Traction in the Fight Against Heroin.”](#)

~Alice Schneider, President

Please join us as we present our public forum on Wednesday, November 16 -- “Innovative Strategies Gaining Traction in the Fight Against Heroin.”

We are honoring four WCC members at the Feist-Tea celebration on December 11, 2016 1:30-4:30.



Nancy Walters
Jeanne Nightingale
Linda Wihl
Carol Cutter Hawkins



Come to hear their contributions with Woman’s City Club and see what a difference you can make in the community and in your own life.

More information on [page 3](#)

[Return](#) to page 1

WCC ANNOUNCES MARIA HINOJOSA AS 2017 NATIONAL SPEAKER

WCC is proud to announce that the featured speaker for our 2017 National Speaker Forum will be one of America's most prominent Latina journalists, **Maria Hinojosa**. Her award-winning NPR and PBS broadcasts give a critical voice to the diversity of the American experience. The title of her talk is:

“Latinos & Immigration: The U.S. Mambo”

Latinos and Latinas are the fastest growing demographic in our country, and this presents many challenges. The rhythm of progress has been uneven. Hinojosa calls it “the U.S. Mambo,” three steps forward, two steps back. In addition to her broadcast work, Hinojosa is the author of two books: *Crews: Gang Members Talk with Maria Hinojosa*, an in-depth collection of interviews with gang members in New York City, and *Raising Raul: Adventures Raising Myself and My Son*, a motherhood memoir.



Maria Hinojosa

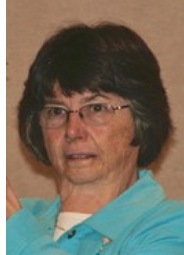
Save the Date! Thursday, April 20, 2017 -- 7:00 pm

Hall of Mirrors, Hilton Netherland Plaza Downtown

WCC's National Speaker Committee, chaired by Carole Donnelly and Marge Davis, has been at work planning the April event. Expect a letter in January telling you how you can support WCC's annual fundraiser and purchase tickets.



Carole Donnelly



Marge Davis

Did you know?

According to Merriam-Webster

Mambo

Mambos (plural) a ballroom dance of Cuban origin that resembles the rumba and the cha-cha; *also* : the music for this

WCC'S 7TH ANNUAL FEIST-TEA FUNDRAISER



Join WCC President Alice Schneider and our Feisty Honorees for tea, sandwiches, dessert and fun.

Members who have joined within the past year will be given special recognition at the Feist Tea event on **Sunday, December 11, 1:30-4:30pm**.

NO CHARGE!

However, we appreciate your generous contribution in honor of our 2016 Feisty Women. Your contribution helps support WCC's Seasongood Education Award Program. Your invitation is in the mail.

WCC URGES VOTE ON ISSUE #44 ON NOVEMBER 8

Woman's City Club urges its members and friends to vote for this important levy, a crucial investment in our children's and city's future. Strengthening K-12 education in Cincinnati Public Schools is critical to prepare students for success in college, service and good jobs. Expanding access to high-quality preschool for 3- and 4-year-olds is also essential, because right now more than 40% enter kindergarten already behind. Issue 44 can deliver both – in an accountable and transparent way.

A stronger pre-K to12 education is an important piece of the community's work to break the cycle of childhood poverty, ensure all children have the preparation and opportunities they need to succeed, and strengthen our workforce and economy.

The levy will also address increased student enrollment and reductions in state funding and prevent anticipated deficits. You can find more information at <http://www.strongstartstrongfuture.com/about>.

There is still time to support the campaign as a volunteer: to educate and persuade voters to vote- phone banking, canvassing door to door, putting out a yard sign, and working at the polls, depending on your time and ability. To volunteer to work at the polls on election day: sign up at https://docs.google.com/forms/d/15rdteZboSBxl_k8IYj1dTai0sQQbHwmjgikqpCu0EBs/viewform?edit_requested=true&fbzx=2180870464150454300

For other volunteering: <http://www.strongstartstrongfuture.com/get-involved> or just contact Kelly Robinson at KellyDanielle.Robinson@gmail.com or 513.582.1644 to schedule a shift. Drop by the campaign office to pick up a yard sign: 2516 Park Avenue in Walnut Hills – just off McMillan a block before Victory Parkway.

~ Sarah Gideonse



OCTOBER'S PUBLIC FORUM

Preventing Violence: Innovations that Work



Four expert panelists representing law enforcement, community and social services spoke to us about interventions used to prevent violence:

Lieutenant Colonel Maris Herold, University of

Cincinnati Police; **Captain Lisa Davis**, District 1, Cincinnati Police; **Ozie Davis**, Avondale Youth Council; **Fredda McGoff**, Lighthouse Youth Services.

Herold is known worldwide for her innovative tracking of crime clusters. As she told us: crime is not random: crime happens in clusters and the same kind of crime tends to happen in the same areas. 98% of the city locations have little or no crime reported; violence is less than 5% of crime in any community. So Cincinnati Police Department tracks violence into 23 small micro locations. What causes the violence? Usually a lack of *place management*, meaning, for example, holding place managers responsible for reducing crime.

Research has shown that *place-based* and *evidence-based* policing are efficient, effective and equitable.

Ozie Davis and Herold worked together-in Avondale using collaborations of city departments to close down buildings with absentee landlords. He grew up in Avondale and came back to his community to help the kids. From a community perspective, 'place' is most important and the fear that persists in neighborhoods like his continues as a perception.

Lisa Davis, Captain of District 1, grew up in Lower Price Hill, understanding that officers need to immerse themselves into the community to build trust; trust and collaboration prevent violence and crime. Captain Davis and Lt. Col. Herold agree that policing is changing, and *community problem solving/evidence-based policing* is the future.

Fredda McGoff, LSW, CTA of Lighthouse Services, said all staff at Lighthouse Youth Services are receiving trauma-centered training and hope to change youth behavior through innovative sensory training. Early brain trauma in the life of the young people can cause their violent reactions later. Violence is a health epidemic according to all panelists.

~ Susan Noonan

Photo credit Susan Noonan

WCC PLANTS SEEDS OF FUTURE WITH NEW STRATEGIC PLAN



Over the course of the past year, WCC members have worked together to develop a strategic plan for the next five years with an overall goal to:

Focus our work on our mission and core strengths and our values. Build effective leadership, evaluate our activities openly and effectively communicate within our organization and within our community.

Make Marge happy.

Each goal area has a variety of identified strategies for the next two years. Committees have been asked to identify action steps within these strategies. WCC will review and update progress on these goals and strategies at each board meeting.

In each issue of the Bulletin, we will feature each goal of WCC's Strategic Plan as an inspiration for further action. Action steps identified for the current time period are also listed. (To view the full plan, visit the member section of the website.)

This issue features Goal One. [See Text Box below]

~ Rina Saperstein

FIVE GOALS:

1. Build on our key strengths as educators, connectors, conveners, facilitators and agent of change.
2. Offer relevant and compelling programs and activities that reflect our mission and have a measurable impact.
3. Live our values. Be leaders in our community modeling the action, engagement and decision-making we want to see in the world.
4. Increase the number of active members; increase the engagement and diversity of membership.
5. Build financial stability and sustainability for the long term through strong fundraising and responsible business practices.

Goal One: Build on our key strengths as educators, connectors, conveners, facilitators, and agents of change.

Present a compelling calendar of programs to educate our community, energize civic engagement and nurture our membership. Consolidate the number of programs, forums, activities and public offerings into a manageable and predictable annual calendar of events. *Action Steps 2016:* Post annual calendar from all committees twice per year; define relationships between event committees.

Continue to develop our collaborative expertise to help members, citizens and partner organizations articulate issues, offer public education, build constituencies and model democratic processes for change. Collaborate with other organizations on timely relevant issues. *Action Steps 2016:* Select sponsors for programs and events.

Continue to build social media communications and expertise. Offer programs in nontraditional social media formats (such as periscope, YouTube, Twitter, town halls, etc.) that allow participation for people not physically present. *Action Steps 2016:* Determine committee role to lead; select one new tool each six months; provide training to members and committee chairs.

Learn more about how to engage different audiences and be mindful of the ways, time and place we reach out to people. *Action Steps 2016:* None listed.

Identify ways to influence policy and policy makers for issues identified in our agenda. *Action Steps 2016:* Planning starts 2017.

ACT ONE

HANDS-ON CIVICS IN CINCINNATI

INAUGURATES THIRD YEAR OF PROGRAM

Woman's City Club and the League of Women Voters join forces once again to begin the third year of their joint initiative to attract a new generation of young people to our organizations.

Free two-year memberships are offered to men and women age 16-35 up until their 35th birthday.

Young Adults Mark Your Calendar

Monday, November 21, 6:30 pm

IRIS BOOK CAFÉ, 1331 Main Street

Act One offers us all a unique opportunity to network across the generations, share viewpoints across our memberships and join our voices as active participants in civic affairs.

Our young members are keenly interested in topics such as voting rights, citizen engagement in government, issues of women's health, race, gender, civic education in the schools, issues of economic and



racial injustice, money in politics and the erosion of our democracy, the need to promote peaceful public discourse using the skills of compassionate conversation.

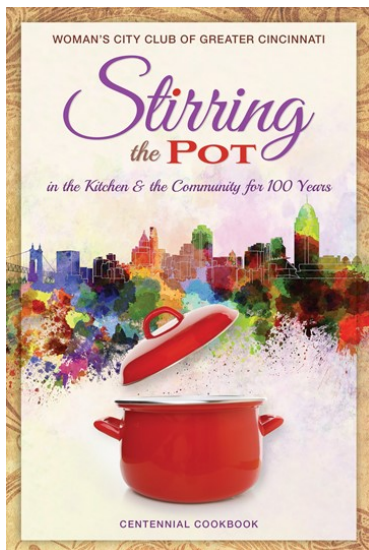
Join us for an informal networking gathering on **Monday, November 21 at 6:30 pm at the IRIS BOOK CAFÉ on 1331 Main Street, Downtown** to celebrate our new class of ACT ONE members, our alums and mentors, and to brainstorm new ideas for the coming year.

See flier on [page 11](#) of this issue for more information on how you can apply for ACT ONE.

~Jeanne Nightingale

HOLIDAY SALE PRICING

Stirring the Pot in the Kitchen and the Community



Simplify your holiday shopping with this special sale offer on WCC's acclaimed cookbook.

Stirring the Pot in the Kitchen and Community for 100 Years is a great book for cooks of all abilities and interests, the perfect "Secret Santa" present, and a welcome hostess gift that lasts far longer than a bottle of wine. The regular price when purchased directly

from WCC is only \$20.00, but we are also offering a special holiday promotion:

buy 3 books and get a 4th book FREE! You will get 4 books for only \$60.00 (which brings the price to \$15.00 each) — if you need just 1 or 2 books, buy them with a friend and split the cost and the books.

All proceeds go to Woman's City Club, so your purchase supports our programs, outreach and endeavors. Buy your books by calling the WCC office at 513-751-0100 or Janet Buening at 513-871-9294, or via our website at womanscityclub.org. Books will also be available at WCC's Feist-Tea on Sunday, December 11.

Keep *Stirring the Pot* in mind for sale at civic, church, or school holiday bazaars, too. Your organization can make \$5.00 or more on each book sold - call Janet Buening for details.

ENVIRONMENTAL ACTION

Woman's City Club's Environmental Action Group co-sponsors a monthly series of community conversations called *Changing CO₂urse*. Neighbors gather every 3rd Friday evening of the month at St. John's UU Church to discuss what we can do locally and collectively to meet the environmental & economic challenges driven by global climate change.



For October's program, "**What Cuba Can Teach America About Organic Farming**," a delegation from Cincinnati to Havana in November previewed the talk they will give to an International Agricultural Congress. When the island lost access to Soviet oil in the early 1990s, the country faced an immediate crisis -- feeding its people! Cuba has now become a leader in urban organics and a model for the rest of the world. Now it needs to find a way to scale up organic production. Monsanto is outlawed in Cuba. America can benefit from lessons Cubans were forced to learn.

November 18, Jenny Lohmann from *Hamilton County Recycling and Solid Waste District* will introduce the county's new program on **Managing Food Waste**. Over 130,000 tons of food are thrown away each year in Hamilton County. Restaurants, grocery stores,

schools, hospitals, hotels can fight hunger by donating surplus food. Have you ever thought about how much food you waste in your own home and the impact it has? It greatly affects the environment, from the cost to the land required to grow the food to farming it and the transportation to the store. Every time we waste food, part of this process is wasted.



December 16, Changing Course will screen "**Cowspiracy**," an eye-opening and long overdue documentary that uncovers the most destructive industry facing the planet and shows why the world's leading environmental organizations are too afraid to talk about it. Animal agriculture is the #1 contributor to greenhouse gases and the leading cause of rain forest destruction and habitat loss. Time to integrate Meatless Mondays into your week!

~Jeanne Nightingale

Other co-sponsors: The League of Women Voters, Miami Group Sierra Club, The Citizens' Climate Lobby, the Cincinnati Union Cooperative Initiative and the Apple Street Market, the Green Umbrella and the Green Sanctuary Partners at St. John's.

SAVE YOUR OLD COMPUTERS TO SEND TO THE CONGO!

A little town called Gungu in the Democratic Republic of the Congo seeks to connect with the wider world. Their repressive government is in the business of isolating its villages and keeping them from trading with the outside world. But their children have discovered the power of cell phones and computer technology! Our NGO is building a high school in Gungu called Nightingale School (my family name), and students have been in correspondence with pen pals at Nightingale Montessori in Springfield, Ohio (my sister Nancy's school). This endeavor could be enhanced if we shipped our used computers to the Congo. Eve Bolton says she will get CPS on board for this project.

Please save your devices and donate them to a good cause. Thank you!



~ Jeanne Nightingale

NOMINATING COMMITTEE PREPARES FOR SPRING ELECTIONS

The Nominating Committee is responsible for setting the slate for the election of Board members and officers. Jeanette Rost will serve as chair of the committee; Jane Anderson and Joni Sullivan Baker as members-at-large; Susan Noonan and Nancy Walters as the requisite Board members. Janet Buening will serve as advisor. Under the 2016 revision of the bylaws, the Nominating Committee now has expanded duties especially in regard to the selection of officers.

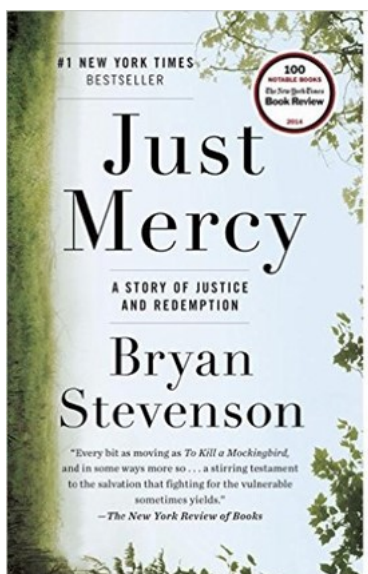
Voting for the WCC Board does not take place until March 2017, but the Nominating Committee has already begun the process of recruiting candidates. Anyone who has been a member in good standing of WCC for one year as of March 1, 2016, is eligible to serve

on the Board. If you would like to be considered for nomination, or have questions about Board service or the nomination process, please contact one of the committee members by December 30, 2016.

To be considered for nomination, or have questions about Board service or the nomination process, please contact one of the committee members by December 30, 2016.



~Jeanette Rost



WCC BOOK CLUB DISCUSSION

JUST MERCY: A STORY OF JUSTICE AND REDEMPTION

By Bryan Stevenson

Saturday, November 19, 10 pm

Home of Jeanne Nightingale

2626 Glenway Ave., Cincinnati 45204

Just Mercy is a memoir of an idealistic, gifted young lawyer's coming of age, a moving narrative of the lives of those he has defended, and an inspiring argument for compassion in the pursuit of justice. He founded the Equal Justice Initiative, a legal practice in Montgomery, Alabama, dedicated to defending those most desperate and in need: the poor, the wrongly condemned, and women and children trapped in the farthest reaches of our criminal justice system.

All WCC members and their guests are welcome to the discussion, but please let Jeanne know you are coming. **RSVP: 513-471-6622 or jnightingale@fuse.net**

Holiday Giving Lunch



1301 Vine Street, Over-the-Rhine

November 21st at 11:30am

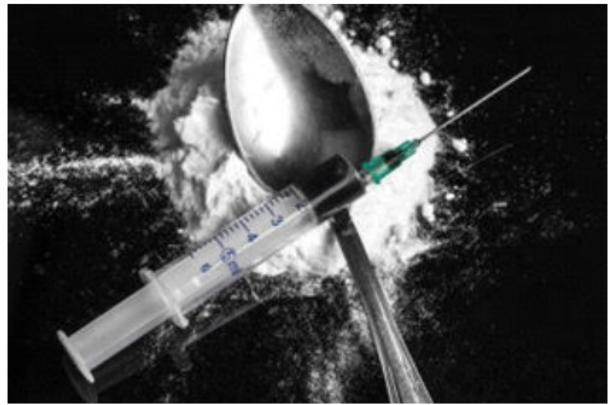
Every year WCC collects toys for the Contact Center to sell to families in the neighborhood. The cost to the families is minimal and it gives parents the opportunity to select toys appropriate for their situation. The holiday sale also serves as a fund raiser for the Contact Center.

For questions, please contact Marge Davis.

If you are not able to attend but want to contribute, you can drop items off at the WCC office during normal business hours.

M, T, TH 8am-noon, Fri 8am-11am Office closed on Wednesday.





Woman's City Club presents:

“INNOVATIVE STRATEGIES GAINING TRACTION IN THE FIGHT AGAINST HEROIN”

When: November 16, 2016

Where:

Crossroads Community Church, 3500 Madison Rd. Cincinnati, OH 45209
(In the chapel off the main auditorium)

6:00-6:30 – Sandwiches and desserts

6:30-7:45 Welcome and Expert Panelist presentation

7:45-8:30 – Q&A from audience

Guest panel speakers will be:

- **Nan Franks, CEO of Addiction Services Council and Dan Meloy, Colerain City Manager** will discuss their partnership response called the “Quick Response Team,” which has gained national attention in its mission to save lives. As part of law enforcement investigations in Colerain, firefighters, police officers, and addiction experts follow up with addicts who have overdosed and been stabilized by first responders. They are achieving success in getting addicts to seek treatment by bringing hope and a plan of recovery to their doorsteps. Other communities are rapidly adapting this approach.
- **Judge Heather Russell of Hamilton County Municipal Court** will talk about the successful “Specialty Court” she runs that offers women heroin addicts a chance to come off the streets and participate in a voluntary two-year recovery program instead of going to jail. The court allows the women to be treated as victims of addiction rather than as criminals.
- **Dr. Shawn Ryan, MD, MBA, a co-founder and President and Chief Medical Officer of BrightView Addiction Treatment.** BrightView employs a comprehensive approach to outpatient treatment of patients with chemical dependency and substance use disorders. Because BrightView’s team is comprised of physicians, psychiatrists, advanced practitioners, professional counselors, social workers, and case managers, their program is able to address a patient’s medical, psychological, and social health needs, thus dramatically improving his or her chance for a successful recovery.

As long as you are focusing on the problem, you can't possibly be talking about the solution. It's time to talk about what's working! There is hope, and there is a solution. Come join us for an educational discussion about ways we can all get involved and help.

Calling those who are ages 16-35!

ACT ONE

HANDS-ON CIVICS IN CINCINNATI



League of Women Voters of the Cincinnati Area and Woman's City Club of Greater Cincinnati are recruiting for **Act One**, a joint membership initiative for young women and men aged 16-35.

WHEN YOU BECOME A MEMBER OF ACT ONE, YOU GET:

- ✓ Free memberships to Woman's City Club & League of Women Voters
- ✓ Leadership Training and Access to Community Leaders
- ✓ Peer and Intergenerational Networking
- ✓ Opportunities for Civic Engagement to add to your resume
- ✓ Access to two centuries of Cincinnati Civic Leadership Experience
- ✓ A Deeper Understanding of City, State and National Issues

Act One is accepting applications throughout the year from women and men aged 16-35 who are interested in joining both organizations for two years at no cost. The program will feature mentoring, opportunities for civic engagement and tailored networking events during the year of the program.

Those interested can apply by emailing a response to this question in about 250 words to actone@lwvcincinnati.org: "Why are you interested in joining Act One? What activities would you be interested in participating in?" We will contact you if you are selected.



League of Women Voters is a nonpartisan political organization encouraging informed and active participation in government. It influences public policy through education and advocacy.
lwvcincinnati.org



Woman's City Club is a leading nonpartisan civic organization established in Cincinnati in 1915. Programs are designed to educate, empower, and equip citizens so together we can secure a more just and more livable community for us all.
womanscityclub.org





Woman's City Club of Greater Cincinnati

103 William Howard Taft Road Cincinnati, Ohio 45219

Phone: 513-751-0100

- Our Mission:** Woman's City Club is committed to building a strong Greater Cincinnati community through educating, empowering, and engaging all citizens to participate in promoting the common good.
- Our Vision:** We envision a just and sustainable community where all citizens are engaged as informed stakeholders in the shaping of our shared future.
- Our Values:** Collaboration -- Citizen Empowerment -- Civic Literacy -- Equity and Justice -- Children and Youth on Positive Trajectories to Achieve their Dreams and Lead Constructive Lives -- A Thriving City of the Future.

Calendar of WCC Events

Wednesday, Nov 16, 6:00pm

WCC Forum: Innovative Strategies
 Gaining Traction In The Fight Against Heroin
 Crossroads
 3500 Madison Rd.

Friday, Nov 18, 6:30-8:30pm

Changing Course on Food Waste
 St. John's UU Church
 320 Resor Ave

Saturday, Nov 19, 10:00pm

Book Club: *JUST MERCY*
 Home of Jeanne Nightingale
 RSVP jnightingale@fuse.net

Monday, Nov 21, 11:30am

Holiday Giving Lunch
 Venice on Vine
 1301 Vine Street

Monday, Nov 21, 6:30pm

ACT ONE
 Iris Book Café
 1331 Main Street

Sunday, Dec 11, 1:30pm

Feist-Tea Fundraiser and Awards
 Kennedy Heights Arts Center
 6546 Montgomery Rd

Friday, Dec 16, 6:30-8:30pm

Changing Course Cowspiracy
 St John's UU Church
 320 Resor Ave

Thursday, April 20

National Speaker

WCC COMMITTEE MEETINGS

For the latest schedule of Committee Meetings, check our Website Calendar at womanscityclub.org (click on the "Calendar & Events" tab at the top)

CINCINNATI CITY COUNCIL MEETINGS

For an updated list, go to the City website at cincinnati-oh.gov/council/.



Like Woman's City Club Cincinnati on Facebook to keep up with the latest news and commentary.



Like us on Twitter @womanscityclub

The Bi-Monthly e-Bulletin, together with the Bi-Weekly Updates & News from the Network, keeps our membership connected with each other and the community. The next issue will appear in January. Deadline for copy is **December 15, 2016**. Managing Editors: Jeanne Nightingale & Melissa Rowland.