January– February 2016

Lighting the way since 1915



Ways to Reduce Plastic Waste: 1. Use reusable produce bags 2. Buy waste-free snacks 3. Give up gum (made of plastic!) 4. Stop using plastic straws 5. Buy soap in cardboard not plastic 6. Use matches not lighters

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THE BULLETIN WOMAN'S CITYCLUB OF GREATER CINCINNATI

Public forum Hope for Children Who Experience Adversity and Trauma: Building on What Works

Thursday, January 21, 2016, 5:45 - 8 pm

United Way Convening Center 2400 Reading Road, Cincinnati, OH 45202

Panel:

Dr. Robert Shapiro, Director Mayerson Center for Safe and Healthy Children, Children's Hospital

Dr. Erna Olafson, Co-Director Center for Trauma Recovery and Juvenile Justice, Children's Hospital

> Jennifer Zimmerman, MSW, Director Consortium for Resilient Young Children



Local leaders in the field, the panel will discuss the impact of adversity on children's healthy development and hope for reducing it. There are too often terrible consequences for children who live in families and neighborhoods where they suffer trauma from the accumulated burden of economic hardship, exposure to violence, abuse, chronic neglect, and caregiver substance abuse or mental illness and other adversities. These experiences, when strong, frequent or prolonged in a young child's life, may cause "toxic" stress, particularly when no adult is providing adequate caring support.

We see the consequences every day in preschools and elementary schools, where children have trouble keeping up academically or controlling their behavior and fragile emotions. The impact may continue into adolescence and adulthood with implications also for physical health.

The panel will describe effective interventions that have potential for preventing and reducing the effects of trauma and to building resilient children and families. They build on what we know works.

Join us to hear from three leaders conducting this important work.

Refreshments will be available.

This forum is presented by the Woman's City Club and the Cincinnatus Association, leading non-partisan civic organizations in Cincinnati. More about WCC can be found at womansityclub.org; about Cincinnatus at cincinnatusassoc.org

More information: Sarah.Gideonse@fuse.net



Alice Schneider

one of my favorite quotes and it certainly applies to Woman's City Club. As we move into the New Year and a new century, Woman's City Club is embarking on an innovative journey. Our "endless immensity of the sea" is, as a civic organization, to augment the effort to make Cincinnati a thriving and vibrant city.

This is

Indeed, we have adopted "Thriving Cincinnati " as our theme for the

LETTER FROM THE PRESIDENT:

If you want to build a ship, don't drum up people to collect wood and don't assign them tasks and work, but rather teach them to long for the endless immensity of the sea.

year. To this end, the club has established a website - thriving cincinnati.org—to serve as a clearing house for information and best practices. It welcomes individuals and groups from all sectors who are addressing income inadequacy—residents, non-profits, funders, policymakers, and businesses—to share ideas and collaborate.

In April of 2016, WCC will bring to Cincinnati the Pulitzer prize winning journalist and historian, Isabel Wilkerson, who will address current

-Antoine de Saint-Exupery

issues of racial justice in a speech entitled, "Black Migration to Racial Justice: Are We There Yet?" If you have not yet read her book The Warmth of Other Suns, I encourage you to do so. It is very readable and informative.

So... I invite you to come onboard and sail with us by attending our events, joining a committee, or just enjoying the view. Happy New Year!

~ Alice

WELCOME TO MELISSA ROWLAND, OUR NEW OFFICE MANAGER



I have been a member of the Woman's City Club since the ACT ONE program began. Marty Harrington suggested that I

consider joining. It has been a really exciting few years. I've been involved with ACT ONE, Status of Women Expo, Nominating Committee, Feist Tea committee, and am a founding committee member of the Thriving Cincinnati movement.

At the beginning of December 2015 I accepted the Office Manager

position at the Woman's City Club. This has enabled me to increase my working hours to the equivalent of a full time position. I enjoy spending time at the Woman's City Club utilizing my office management and computer skills.

manager and peer supporter at PLAN of Southwest Ohio and will celebrate 10 years with PLAN this spring. I spend most of my time in the field working with adults who have disabilities. My passion is advocating for and supporting recovery from trauma and mental health related

conditions.

I believe in the work the Woman's City Club is doing to engage, educate and empower the residents of Cincinnati. I am blessed to have two wonderful non-profit employers doing great work helping Cincinnati I continue to work part time as a care residents to live a more fulfilling and enriched life. I couldn't ask for more fulfilling roles.

> When not working I enjoy my 13 year old son, my loving partner Ivan and our home full of jungle plants, 4 cats, 2 dogs and even a snake! Happy New Year!

> > -Melissa Rowland

NATIONAL SPEAKER FORUM 2016 Planning Continues...



By now you have all received a Save the Date for our National Speaker forum on April 14, 2016. We are excited and honored that Isabel Wilkerson has agreed to speak at our event.

Isabel Wilkerson won the Pulitzer prize for her work as the Chicago Bureau Chief of the *New York Times,* making her the first black woman in the history of American Journalism to do so. Her award winning book, *The Warmth of Other Suns* was named by the *New York Times* to its list of the best nonfiction books of all times.

In her talk, entitled "**Black Migration to Racial Justice: Are We There Yet**?" she will tell us about the great migration of African Americans from the South to the North from 1915-1970 and the effect of this historic event on American history. She will also discuss the status of race relations in American and include issues specific to Cincinnati. The forum will be held on Thursday, April 14, 2016 at 7:30 in historic Music Hall in Over the Rhine. Mark your calendars now for this memorable event. For more information, go to: <u>http://</u> womanscityclub.org/programs/ national-speaker-forum/

Tickets are now on sale and everyone should have received a letter after the New Year with detailed information and inviting sponsorship.

~ Carole Donnelly

Woman's City Club members and friends can support

SUPPORT LEVELS	# of VIP SPEAKER'S TICKETS you will receive	# of RECEPTION TICKETS you will receive	
Angel \$1,250	10	10	
Underwriter \$1,000	8	8	
Benefactor \$500	4	4	
Patron \$280	2	2	
Sponsor \$140	1	1	

Woman's City Club National Speaker Fundraiser

For your organization or group, co-sponsorship is simple. For \$300, your organization will receive 10 tickets to the event plus 2 complimentary tickets to a private reception with Isabel Wilkerson following her talk. Purchased individually, event tickets are \$40 and reception tickets are \$100. So by co-sponsoring the event, you will receive a package worth \$600 for \$300! In addition, your co-sponsorship and support will be acknowledged in publicity materials for the event, including the fliers and the event program. You can pay by check using the attached form, or online by PayPal at womanscityclub.org.

in the following ways:

FEIST TEA 2015



founder of Honors Fundraiser, Ruth Cronenberg, "One of the reasons Feist

-Tea was CI Pierce created was to tell the stories of others. Hopefully the event opens your thoughts and minds about how each of us has been feisty or how each of us could be more feisty by opening our actions and mind to being more feisty in our everyday activities." I am honored to step into this position as Co-Chair of Feist-Tea.

This year we dedicated our Feist-Tea to changes. One of our goals was making sure that we patronized and used the services of those in our community that actively work toward our shared values. The event was held at the Clifton Cultural Arts Center

arts for youth in the community, it provide a gallery for local artists to display and are open to the community. Lydia Stec, owner of Om Eco Café, provided our catering. Lydia feisty. Joy grew up in Brooklyn, NY is a member of WCC, pays her employees real wages, and has a history of working toward community shared values and goals.

With the CCAC permission, and

To guote the assistance from Kaleejah Poley, she arranged a special display of local the Feist-Tea artist Pat Olding's colorful paintings of our city for the event.

> On Dec. 6, 2015, WCC honored four outstanding feisty women. Carol Joy Haupt, Susan Noonan, Dr. Catherine Roma and Kay Yount-Smith. Each of our honorees was asked to provide a theme song that represents her life, beliefs, etc. Their theme songs are: Joy - I'm just a Girl that Cain't Say No, from the musical Oklahoma. Susan -Imagine, by John Lennon. Cathy – Yes We Can Can, the Allen Toussaint version. Kay – On Eagles Wings, Josh Groban and others.



It was a different way of understanding the heart of their feistiness. Let's see if their message fit these

songs.

Carol Joy Haupt

(CCAC). A non-profit dedicated to the Carol Joy Haupt was introduced by Sarah Gideonse, a 2013 Feist-Tea

Honoree, Carol Joy, known as Joy to most of us. Sarah talked about Joy's having a life long history of being and was the only member of her high school graduating class feisty enough to attend college out of state, all the way to Antioch College. Joy's life-long passion has been making communication happen to support, strengthen and empower women and children. Sarah sums up, we often hear about people "giving back" later in life, but Joy's has been a life of giving back. Joy is a creative person offering her skills and talents wherever and whenever her support is needed. Joy's message for us is very personal. She encourages us to risk being vulnerable. We are all fragmented and



Susan Noonan

complex persons. If we acknowledge her multi-dimensions, she pledges to accept and acknowledge ours. Ruth Cronenberg, a 2014 Feist-Tea Honoree, introduced Susan Noonan. Ruth suggested that Susan's feistiness is more of a whirlwind. This is an inborn trait of Susan's that she cannot control. It is part of her very being. It is said by many, that Susan never lets a meeting slow down; she keeps everyone

involved and interested.



Susan comments that her first seven years of life were about love and family and the strength of women. It was not until Susan was in her 40's that her inner feistiness and confidence truly emerged while pursuing her graduate degree at UC where she received much reinforcement and confidence in all she was, and was doing. This confidence followed into her work at city hall as police community relation's director for CHRC and her many other jobs and activities.



Dr. Catherine Roma

Committee member Nina Tolley introduced Dr. Catherine Roma. Nina stated that Cathy is a person who reaches for excellence. Her drive and passion for joining diverse groups of people together—by race, age, sexual orientation, cultural, economic, incarcerated or other-are her excellence in heart and character. Her choral groups are fusions of cultural sound and for causes that encourage and empower humanity. Cathy is now retired and has moved to Yellow Springs with her partner. She speaks joyfully about engaging in her next chapter in life and moving forward into the future. In retirement, she started the World House Choir in Yel-

low Springs and established a Music, Art, and Theater Academy that seeks to increase the connections of the inmates to the outside world.



Kay Yount-Smith Kay Yount-Smith was introduced by Jane Anderson, a 2012 Feist-Tea

Honoree. Kay was unable to attend, so Jane introduced and accepted the honor for Kay. Jane stated, although knowing Kay and working beside her for many years she did not know how much Kay has contributed to our City and its people. Kay has a unique ability for bringing people together. She

opened her home for dinner parties, inviting friends from Russia, Cuba, Costa Rica, India and elsewhere; thus providing a space for people of varying backgrounds and cultures to meet and become aware of their common enjoyment of being together. Kay has been an advocate for helping the underprivileged and underserved move toward homeownership and create freedom for themselves. Kay does not brag or boast about herself or her accomplishments; she simply does what has to be done. Kay would like us to have a stronger presence with our policymakers, advocating for cleaner environmental standards, especially in and for our impoverished areas.

So I ask now: Do these theme songs fit our honoree's life message?

Our Feisty works are not complete and we as a club have so much to offer, as there is much need. We came together to honor these feisty women. We had fun, enjoyed each other, made connections and shared our hearts.



May our Feistiness rule and rock on.

~CJ Pierce



Louise Spiegel and Virginia Felson

Member Profile:



Catherine Roma

Most of us know Catherine Roma as founder and past director of MUSE, the Cincinnati Women's

Choir, dedicated now for over three decades to musical excellence and social change. Before coming to Cincinnati, Cathy formed the women's choir Anna Crusis in Philadelphia, the first feminist choir in America. She is considered one of the founding mothers of the women's choral movement. Since then, Cathy has continued to create choral communities that reach across the barriers of

race, religion, class, sexual orientation, and age. She uses music to translate the values of social justice and inclusion into our experience of community.

Some of us have had the privilege of singing under her direction in the Martin Luther King Coalition Chorale, which she co-founded, or with St. John's Church Choir, or in the World Choir Games. All her three choirs, including her prison choir, won gold medals at the Games.

As Professor emerita of music at Wilmington College and now founder and Director the World House Choir in Yellow Springs, Cathy has been working to build musical opportunities for men and women who are incarcerated in three area prisons.

She founded UMOJA Men's Chorus at Warren Correctional in 1993, UB-UNTU Men's Chorus at Madison Correctional in 2012, and a new women's choir HOPE THRU HARMONY at Dayton Correctional in 2014. She has also established a Music, Art and Theater Academy that seeks to increase the connections of the inmates to the outside world.

In 2012 Cathy co-authored "The City that Sings," the choral history of Cincinnati. When she retired from MUSE, the City's Mayor declared a day in her honor. Last year Cathy received the YWCA Gala Lifetime Achievement Award in recognition of her passion, vision, courage, and perseverance. She was a Feist Tea honoree this year.

~ Nina Tolley, Jeanne Nightingale

Forum on regional innovation in water technology reveals global potential for safe drinking water

On November 12th, WCC hosted a public sis, 10% of people lack access to healthy forum on the vital leadership role that Cincinnati and the region can play in water technology innovation with potentially great economic, environmental and homeland security benefits. The panel, led by Melinda Kruyer, Director of Confluence, is a non-profit working to collaborate across governments, universities, and industries to this end. Panel members included Bill Schemer, President of Skyward, the new Vision 2015 for Northern KY; Oliver Laval, President & CEO at AquiSense Technologies; Teresa Harten, Senior Environmental Technology Cluster Specialist, US Environmental Protection Agency; and Dr. Dorothy Air, Associate Vice President of Entrepreneurial Affairs and Technology commercialization at the University of Cincinnati.

We learned of the potential of regional water technology to become "liquid gold" -- to create good jobs, spur the local economy and protect and maintain the world's supply of water in a world facing climate change and environmental degradation. Cincinnati is lucky, with its abundance of water. But on a global bawater. One third of the world has no toilets (more people have mobiles!), and far too many children die of waterrelated diseases every day. By 2020, two thirds of Earth's countries will experience water scarcity.

The panelists argued that environmental protection is not at odds with economic development: The challenges with global water present a market opportunity for the Cincinnati area where scientists and engineers have a 100-year history of developing water technology—this history

and high level of expertise is one of Cincinnati's best-kept secrets.

The audience was fascinated to hear the story of Oliver Laval, an entrepreneur from Kentucky who has nurtured the development and manufacturing of an affordable device to disinfect water for global use.

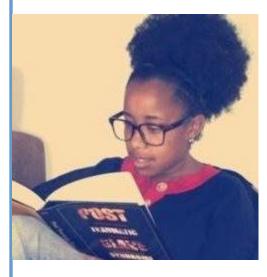
A lively discussion ensued about what individuals can do to promote environmental sustainability.



CITY CONVERSATIONS: Black Lives Matter: A Discussion

When: Tuesday, February 16, 7:00 pm

Where: First Unitarian Church, 536 Linton Street at Reading Road



Presenters: Christina Brown and Maria Yunker



Christina will share her experience with the Black Lives Matter movement in Cincinnati. Black Lives Matter was co-founded by three black community organizers: Alicia Garza, Patrisse Cullors, and Opal Tometi, and drew inspiration from the African-American Civil Rights Movement, the Black Power movement, the 1980s black feminist movement, Pan-Africanism, Anti-Apartheid Movement, Hip hop, LGBT social movements and Occupy Wall Street. Now an international movement, BLM campaigns against violence toward black people and focuses its work on issues of racial profiling, police brutality, and racial inequality in the United States criminal justice system.

Looking at the evidence, how can we do better?

We're not afraid to speak up and reveal

This has united us. The movement is real

This can be solved; Let's get involved Inside the heart is where the change begins,

Let's do it together: Black Lives Matter.

~ From the Ballad by Eddie Robertson

Christina Brown is a social justice activist and community educator. She works at the Cincinnati Human Resource Commission and is a member of Act One. **Maria Yunker** is a peace activist mediator and facilitates Compassionate Communications. Maria, also an Act One member, will facilitate our break-out conversations.



SAVE THE DATE—

Coming Home from the Streets— Film and Discussion

Monday, February 29, Crossroads Church, 3500 Madison Road, Oakley, 45209

The program will present the film, *Coming HOME From the Streets*, an half hour documentary about what is happening in our own communities when young women, trapped by childhood demons, drug addiction and traffickers, struggle to reclaim themselves and become free. The film, produced by Noel Julnes-Dehner, was filmed in Cincinnati with some of our own "Off the Streets" heroes. This is a must-see film and will

drug addiction and traffickers, struggle
to reclaim themselves and become
free. The film, produced by Noel Julnes-be followed by a panel with some of
the brave women who have overcome
addiction and prostitution in Cincinnati.



CINCINNATI

THRIVING CINCINNATI GATHERS A DIVERSE GROUP TO DISCUSS WAGE THEFT

On January 15, approximately 55 men and women from diverse walks of life learned about the kinds of wage theft that cheat hard working men and women, listened to stories about wage theft in our city, shared experiences and committed to future action! The Thriving Cincinnati committee held its first "Gathering" on economics and talked specifically about wage theft, the illegal withholding of wages or the denial of benefits that are rightfully owed to an employee. After an explanation of the Thriving Cincinnati initiative, Brennan Grayson, director of Cincinnati Interfaith Workers Center, explained wage theft, and one of CIWC's clients told his story. WCC and CIWC publicly thanked the Al Never, Inc company, and CEO Molly

North, who "did the right thing" when told of wage theft by one of their subcontractors. Workers were paid and the subcontractor was warned. **Councilmember David Mann explained** his new Wage Theft Ordinance which will shortly come before committee and then full Council. It enforces Federal Law by informing city contractors that if they commit wage theft in our city, they can lose tax abatements, get fined and possibly lose their contract with the city. WCC and CIWC will support the ordinance with emails, letters to council and speakers at committee meeting. Col Owens, recently retired attorney from Legal Aid who has advocated for self-sufficiency through employment for years, spoke on the impact of inadequate income-particularly the low mini-

mum wage—on individuals, families and the entire community. Thriving Cincin-

nati, a new project of Woman's City Club, is an invitation and service so individuals and groups addressing income inadequacy can find one another. The Thriving Cincinnati website serves as a clearinghouse to gather information, exchange best practices, and create and collaborate on programs. We know that income inadequacy disproportionally impacts women, children and minorities -a continuing focus for WCC. As part of the initiative, WCC created a symbol-a five-sided crystal representing residents, non-profits, funders, policymakers, and employers. All sectors are intertwined as reflected in the symbol. Let's grow Thriving Cincinnati into a region wide movement:

Become a partner

(thrivingcincinati.org) I Display the symbol with your own.

Join with others to address income inadequacy

Raise awareness of the different ways
we can affect income inadequacy and
promote self-sufficiency

Questions? Snoonan@fuse.net or hlkaufman@fuse.net

A Tax Reminder for Our Members & Friends!!

As a 501c3 non-profit organization, most payments to Woman's City Club are deductible on your Federal income tax return as a charitable contribution. 2 Membership Dues: All amounts paid for membership in Woman's City Club are deductible.

 National Speaker (4/23/15): All amounts paid toward our National Speaker event are deductible.

Meal Events: Amounts paid for attendance at (or sponsoring of) Woman's City
Club "meal events" are deductible to the

extent they exceed the cost of the meal provided:

 Centennial Banquet (3/9/15): Amounts paid over \$57 per person attending the banquet are deductible.

Seasongood Banquet (5/22/15):Amounts paid over \$21 per person attending the banquet are deductible.

 Peist-Tea Luncheon (12/6/15):
Amounts paid over \$12 per person attending the luncheon are deductible.

Other Contributions: All other contri-

butions to Woman's City Club are deductible.

Mileage: IRS allows 14¢ per mile driven in service of charitable organization.

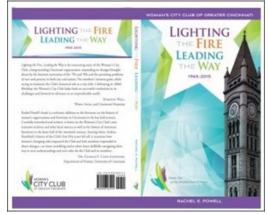
If you have any questions on the deductibility of payments to Woman's City Club, please contact

Roger Smith at NPESOhio@hotmail.com or (513) 293-4621.

Lighting the Fire - Leading the Way

This centennial volume of Woman's City Club's 100-year history provides a narrative of our past 50 years from 1965 through 2015. Author Rachel Powell picks up the WCC story as recounted in the first volume by Andrea Tuttle Kornbluh, *Lighting the Way: The Woman's City Club of Cincinnati 1915-1965*.

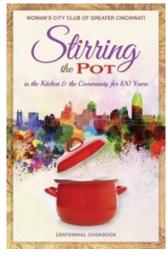
The two volumes together make a compelling read. They tell the story of how the generations of WCC members worked together over this past century to carry out the Club's mission, one of strengthening the Greater Cincinnati community through



educating, empowering, and engaging our citizens to participate in promoting the common good. As we embrace the challenges of this next century, these volumes provide an opportunity to celebrate and reflect on the outstanding achievements of our foremothers.

Lighting the Fire: Leading the Way can be purchased for \$20 on line at womancityclub.org. It is also available at the Bookshelf in Madeira.

Keep Stirring the Pot!



WCC's *Stirring the Pot in the Kitchen and the Community* was one of the ten cookbooks featured at the 9th Annual Books By the Banks at Duke Energy Convention Center on October 17. We were honored and excited to have been part of this prestigious event, our region's premiere book festival.

Stirring the Pot is now available at Joseph-Beth Booksellers in Rookwood, the Bookshelf in Madeira, the Spice & Tea Exchange in Rookwood, the Cincinnati Art Museum, and the Harriet Beecher Stowe House, at prices ranging from \$20 - \$24 It is also available directly from Woman's City Club for \$20. You can pick up a copy at the WCC office, order it on the website (there is a shipping

charge). www.womanscityclub.org. Please note that WCC profits the most from direct sales, but we deeply appreciate the convenience and outreach of the retail locations.

Changing CO₂urse: Local Solutions to a Global Crisis

Sunday, January 24 - 7:00 to 9:00 pm. St. John's UU Church, 320 Resor, Clifton

THIS CHANGES EVERYTHING

An unsettling but ultimately encouraging documentary about global warming and grassroots activism



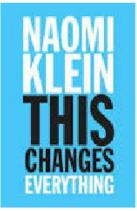
FILM JUST RELEASED!

From the book of the same title by journalist Naomi Klein, THIS CHANGES EVERYTHING: CAPITLISM VS THE CLIMATE.

Naomi Klein serves as narrator and onscreen interviewer as Director Avi Lewis casts his net wide, from rural Montana to smog-choked Beijing, to illustrate that, yes, climate change is a demonstrably real and increasingly dire threat, and no, the situation isn't entirely hopeless.

The filmmakers wind up offering hope by indicating the power of game-changing grassroots activism and enlightened government action.

This 2015 documentary film directed by Avi Lewis, is a companion project of the book of the same title by Naomi Klein. The film is a Canada-USA coproduction.



COSPONSORS: St John's Green Sanctuary Partners, Woman's City Club of Greater Cincinnati, League of Women Voters of the Cincinnati Area.



Woman's City Club of Greater Cincinnati

103 William Howard Taft Road Cincinnati, Ohio 45219 Phone: 513-751-0100 wcc@womanscityclub.org The mission of Woman's City Club of Greater Cincinnati is to educate, empower, and engage the citizens of Greater Cincinnati to participate together in promoting the common good.

We envision a just and sustainable community where all citizens are engaged as informed stakeholders in the shaping of our shared future. Committed to promoting diversity and inclusiveness, the Woman's City Club reaches out to collaborate with other community organizations in the city and work toward shared goals.

Calendar of WCC Events

Thursday, Jan 21

FORUM: CHILDREN'S RESILIENCE Hope for Children Who Experience Adversity and Trauma 5:45-8:00 pm United Way Convening Center, 2400 Reading Road

Sunday, Jan 24

Changing Co₂urse Series "This Changes Everything" 7:00-9:00 pm St. John's Unitarian Universalist 302 Resor Avenue

Wednesday, Jan 27

ACTION GROUPS MEETING 6:00-7:00 pm Mt Auburn Presbyterian Church 103 William Howard Taft

Tuesday, Feb 16

BLACK LIVES MATTER 7:00-8:30 pm First Unitarian Church 536 Linton Street 45219

Sunday, Feb 28

Changing Co₂urse Series 7:00-9:00 pm St. John's Unitarian Universalist 302 Resor Avenue

Monday, Feb 29

FORUM: HUMAN TRAFFICKING IN OUR REGION 7:00-8:30 pm Crossroads Church 3500 Madison Road, Oakley

Find us on Facebook

Search for Woman's City Club Cincinnati and click "Like" to keep up with the latest news and commentary.

WCC COMMITTEE MEETINGS

For the latest schedule of Committee Meetings, check our Website Calendar at womanscityclub.org (click on the "Calendar & Events" tab at the top)

CINCINNATI CITY COUNCIL MEETINGS

For an updated list, go to the City website at cincinnati-oh.gov/council/.

The e-Bulletin, together with the Weekly Updates and News from the Network, keeps our membership connected. The next issue will appear in March. Submit articles to j.nightingale@fuse.net with the subject line "WCC bulletin" (word limit 250 words).

o Jeanne Nightingale, managing editor